

Mental Health First Aid Training

47% of Australians will have a period of mental illness in their lifetime.
Increasing awareness & becoming inclusive

Accredited to deliver MHFA Courses by MHFA Australia



MENTAL HEALTH FIRST AID
www.mhfa.com.au



QUEENSLAND MURRAY-DARLING COMMITTEE



Lifeline | Child and Family Care | Counselling | Crisis support | Disability support | Social Inclusion
Our Values | Compassion | Respect | Justice | Working Together | Leading through Learning



Mental health first aid is the help provided to a person who is developing a mental health problem, or who is in a mental health crisis, until appropriate professional treatment is received or the crisis resolves. Mental health first aid strategies are taught in evidence-based training programs authored by Mental Health First Aid (MHFA) Australia and conducted by accredited MHFA Instructors across Australia.

2 DAY SESSIONS

9.00am - 4.30pm each day - FULLY CATERED

Presented by: Mark Goddard and Brian Reilly

Cost: \$25.00 (to cover manual)

DATES	LOCATION	FOR INFORMATION & RSVP
5-6 th May 2015	Inglewood – Civic Centre	Tania Wallis twallis@partnersinrecovery.net.au 0499 079 172 or 07 4529 7249
9-10 th June 2015	Goondiwindi – GTT	

What do you get: Catering, handouts, folder & notepad, manual, certificate upon completion (no exam)

What you will need to bring: a biro (plus highlighter optional)